

Health Promoter Network Discussion

Hannah, Nancy, & Don

3:15 – 3:45 PM

March 6, 2018

National

HEALTH PROMOTION CANADA

HOME ABOUT COMPETENCIES TOOLKIT NETWORK CONTACT EN FRANÇAIS



Connecting Health Promoters for Improved Practice Across Canada

Health Promotion Canada (formally the Pan-Canadian Network for Health Promoter Competencies) works to enhance health promoter practice in Canada through the development of discipline-specific competencies and providing guidance, leadership and expert advice by way of collaboration and support. We welcome feedback from any individual or organization that shares in the commitment to defining, raising awareness, and advancing health promoter competencies and the practice of health promotion.

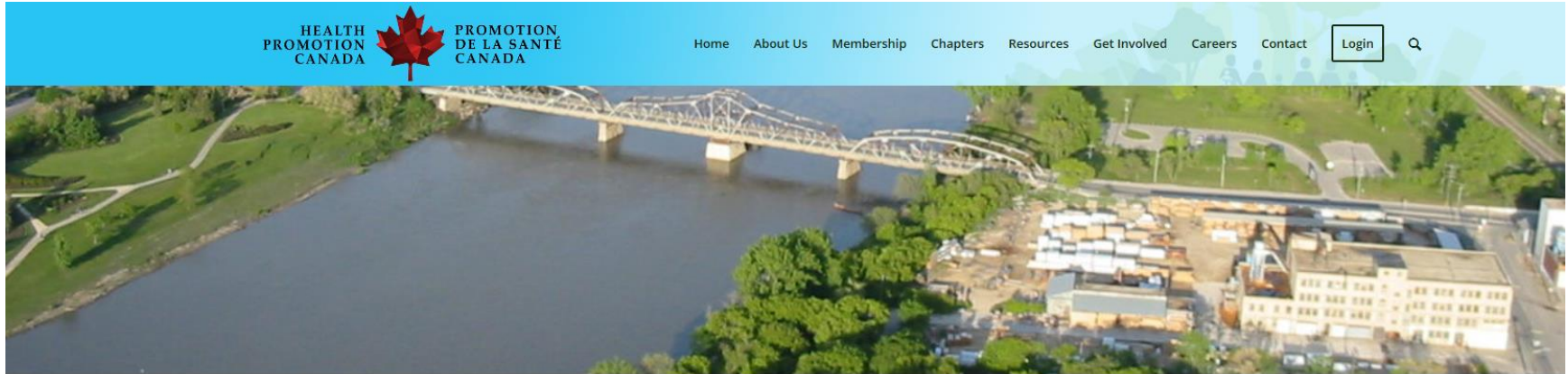
<https://www.healthpromotioncanada.ca/>

National

- **Mission: Advancing the practice of health promotion in Canada**
- Seeks to advance the practice of health promotion by supporting and uniting health promotion students, practitioners, employers and researchers from across Canada in their efforts to collectively enhance health and create healthy and supportive settings.



Provincial/Territorial/Regional Chapters



WHAT IS HEALTH PROMOTION MANITOBA?

central health

About

What is Health Promotion Manitoba (HPM)?

HPM is a Chapter in development and aligns with HPC's vision, mission, and values.

Events

Future Events

Stay tuned for future events.

Past Events

- Manitoba's Health Promoter Day was held on November 22, 2016.

Get Involved

To get involved, please contact our Manitoba Chapter:

Name *

E-Mail *

Manitoba Opportunities

- In November 2016 we discussed options for a Manitoba-type Community of Practice / Working Group / Network
- Manitoba Government leadership to host this competencies day and regular meetings of health promotion managers



What is our aim?

- Support the development of competencies among Manitoba Health Promoters (based on the [Canadian Health Promoters Competencies](#))
- Share best practices, lessons and examples across the province to support the process of enabling people to increase control over, and to improve, their health
- Come together to impact the health promotion priorities for improving the health of Manitobans
- Connect to the national collaborative of Health Promotion Canada



Who is our audience?

- Manitoba health promoters within government and regional health authorities (primary care, public health and healthy living)?
 - Many different job descriptions [e.g., Health Promoters, Community Developers, content specialists e.g., injury prevention, mental health promotion), ...]
- Health related non-government organizations (e.g., Canadian Cancer Society)?
- Academics - University of Manitoba; University of Winnipeg; Red River College?



My vision for health promotion in Manitoba is...

- **HEALTH** “People are flourishing”
- **LEADERSHIP** “To provide a common voice for our profession and support within our province”
- **PROFESSIONAL RECOGNITION / VALUED** “For government /policy makers to understand the importance of and support people to take control of their own health by creating supportive environments, decreasing inequalities, and promoting resilience in their community”



My vision for health promotion in Manitoba is...

- **COLLABORATION** “recognize the variety of educational experiential paths and approaches that encompass health promotion”
- **SHIFTING PRACTICE** “That Indigenous teachings are incorporated into policy and programs”
- **RESOURCES** “More resources for remote/northern smaller communities to increase access and opportunities”
- **MB HEALTH PROMOTER CONNECTIONS** “Opportunities for talking, listening and sharing across MB”



What are your needs as a health promoter?

- PROVINCIAL AND REGIONAL LEADERSHIP/FORMAL STRUCTURE
- ACKNOWLEDGMENT OF HEALTH PROMOTION WORK
- PROGRAM SUPPORT
- REGULAR MEETINGS/NETWORKING OPPORTUNITES
- BEST PRACTICE AND RESOURCES SHARING
- TEAM TO WORK WITH
- CONTINUING EDUCATION



How would you like to contribute?

- SHARING & LEARNING “offer mentorship to other health promoters”
- COORDINATION & ACTION “planning skills and support for planning”
- CONNECTIONS “relationships – building and sustaining them”
- FORMAL STRUCTURES “being an active participant of any committee (rotate chair)”
- SUPPORT & TEAM APPROACH “time, expertise, positive attitude, willingness to learn, ideas, support co-worker”



How would you like to be connected?

- TECHNOLOGY

- Social media
- Facebook pager or group
- Manitoba Health Promoters “Blog”
Facebook page, website
- Closed forum on
website....contribute when it works
with your own schedule (2)
- Portal for open working groups
across regions
- Email list/networking
- Up to date contact list
- Online data bases

- TELE

- Telehealth/telecom
- Monthly teleconferences

- GROUPS

- Face to face (more than 1
day a year)
- Special teams – i.e. Food
security project; men’s
health (2)
- Larger group – i.e.
tobacco specialists lead

Now What?

- Health system transformation ongoing
- There is always more to learn, more skills to develop
- Let's work together